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## Award-Winning Fast Track Will Perform at Foundation's 7<sup>th</sup> Annual Bluegrass & BBQ Fundraiser on Jan. 15

McCONNELLSBURG - When legendary bluegrass musician David Parmley announced his retirement from the Cardinal Tradition, it left band members Dale Perry, Steve Day and Ron Spears at a crossroads.

"I met with Steve and Ron for breakfast at a Bob Evans Restaurant in Bowling Green a few days after David's announcement and said I wasn't ready to quit playing bluegrass," said Perry in a phone interview. "They were on board with continuing to play, too. We added two more veteran bluegrass musicians to the mix in Duane Sparks and Jesse Brock. We became known as Fast Track in October of 2019."

Fast Track will be performing at the 7th Annual Bluegrass and BBQ fundraiser, hosted by the Fulton County Medical Center Foundation on Sat., Jan. 15 at the United Methodist Church Fellowship Hall in McConnellsburg. Tickets go on sale Oct. 1, and are non-refundable. The event is the main fundraiser for the Foundation's Health Careers Scholarship Fund.

"Your guests can expect a lot of traditional bluegrass music mixed with gospel tracks," said Perry. "We bring a lot of high energy. We don't stand behind two microphones like mannequins and sing. We're blessed to have four good lead singers, which is really unheard of, and each bring a real talent to the band."

The five members of Fast Track are not only all highly decorated in awards from the IBMA and SPBGMA organizations, but are also veteran players on the Grand Ole Opry stage, across the United States, Canada, and throughout Europe. Between all of them, they have performed with, recorded on and participated in countless projects with bluegrass and country music royalty throughout their most impressive careers. Perry plays banjo and sings bass vocals, Day plays the fiddle and does vocals, Spears plays bass and does vocals, Sparks plays guitar and does vocals and Brock plays the mandolin and does vocals.

"We're a band full of veteran musicians, who are all good friends, which is so important in this business," said Brock, who first appeared on the Grand Old Opry stage at age 11 with his family band. "When you're on the road, you have to adjust to a lot of things and the dynamics are important on and off stage. We have that with Fast Track."

With a calendar dotted with performances in 2020, their debut came to a screeching halt because of COVID-19. The 2021-22 calendar has only one open weekend, as they will be traveling to the Midwest, Southwest and up and down the Atlantic Coast.

"I'm proud of this bunch," said Perry. "It's a group effort. We have talented songwriters and musicians. We do a lot of our own material. We're not a cover band that sings a lot of other musicians' songs. We love pickin' and singing. We have fun. We interact with each other and the audience."

For tickets, call the Foundation at 717-485-6322 with a credit card, or go online at www.fcmcpa.org and click on the bluegrass and bbq promo on the rotating front page.